



SAMPLE REPORT

Career and Study Choice Report

Sam

Report date: 30 October 2026

Sample with a fictional candidate

YOUR PERSONAL CODE



Social

Main type · 85%



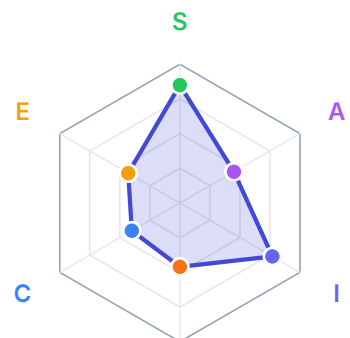
Investigative

Sub type 1 · 77%



Realistic

Sub type 2 · 46%



300

questions answered

8/8

deep-dive modules

15

careers in detail

12

programs in detail

Your essence in short

Your RIASEC core: Social, Investigative, Realistic (code SIR).

Strongest preferences from your deep-dives: Healthcare & wellbeing (88%) · Social value (88%) · Teamwork (81%).

Best match: Pedagogue (86%) · program: Exercise Therapy (100%).

Highest practical fit: Physician assistant 94% (reliability high).

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01 At a glance

Your main outcomes on one page. The chapters after this explain everything in detail.



Careers that fit you best

1	Pedagogue	applied/academic · €3,000 to €5,400	86%
2	Nutritionist	applied/academic · €2,600 to €4,200	86%
3	Physician assistant	applied/academic · €4,100 to €6,000	86%
4	Psychiatric social worker	applied/academic · €3,200 to €5,200	86%
5	Osteopath	applied/academic · €3,200 to €5,500	85%

Programs that fit

Exercise Therapy applied · 4 years	100%
Social Work applied · 4 years	100%
Midwifery applied · 4 years	100%

Direction from Coach Ingmar

Physician assistant, through Nursing

This is where your two strongest sides come together: helping people (Social 85%) and finding out what is going on (Investigative 77%). Of your shortlist, this practical test fits best with what you look for in work and in a work environment.

Reality check: Physician assistant fits 94% (reliability high).

Decision helper: Nursing comes first with 92%.

Based on 300 answers and 8 of the 8 deep-dive modules.



02

About you

What we know about you from the test and your intake. These details help determine which careers and programs we recommend.

Name	Sam
Age	17
Education level	High school (general)
Situation	High school
Profile / track	Science & Health
Current program or job	Final year of high school
Important at work	Helping people, Variety, Good job prospects
When to decide	Within 6 months
Doubts	I'm torn between something in healthcare and psychology.
Reason for the test	Choosing a program
Report date	30 October 2026
Questions answered	300

Your shortlist

- Physician assistant (career)
- Pedagogue (career)
- Psychiatric social worker (career)
- Nursing (program)
- Applied Psychology (program)

03 How to read this report

The career test is based on the RIASEC theory of the American psychologist John Holland. His model is the most widely used foundation under career tests worldwide and is supported by hundreds of scientific studies.

The idea is simple: people and work environments can both be described with six types. The better your type fits the environment you work or study in, the greater the chance you enjoy it, perform well and keep going.

Nobody is one type. Everyone has something of all six; it is about the proportions. That is why we work with a three-letter code: your main type and two sub types. Careers and programs have such a code too, and that is what we match on.

Besides the test you may have done deep-dive modules, practical tests and the choice helper. They sharpen the picture: not only what fits you, but in which environment, with which values and whether it holds up in practice.

The six types in short:

- R Realistic · the Doer**
Practical, physically active, results you can see.
- I Investigative · the Thinker**
Analytical, curious, wants to understand how things work.
- A Artistic · the Creator**
Creative, expressive, originality over routine.
- S Social · the Helper**
People-oriented, helping, relationship over transaction.
- E Enterprising · the Persuader**
Takes initiative, persuasive, opportunities over risks.
- C Conventional · the Organiser**
Structured, accurate, order over chaos.



How reliable is your profile?

We look at the number of questions you answered, how consistent your answers are (similar questions, similar answers), how pronounced your profile is and how often you chose 'neutral'.

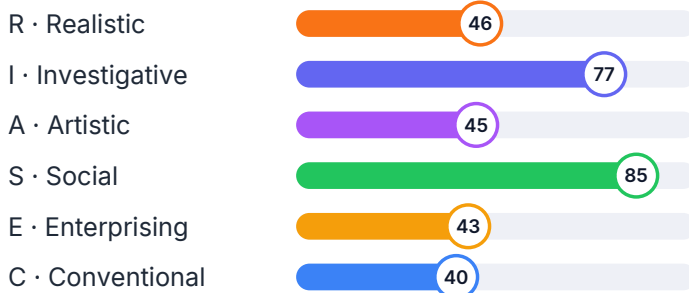
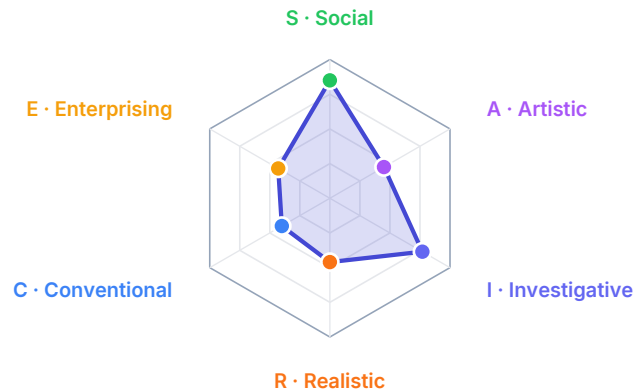
How reliable is your profile: High

Questions answered: 300 · consistency: 0.93 · spread: 45 · neutral: 47%

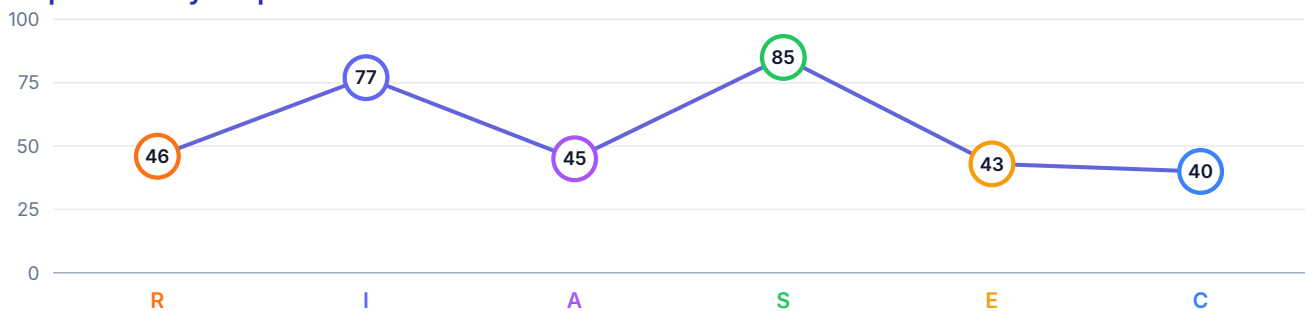
Consistent answers (300 questions): you can build on this profile.

04 Your RIASEC profile

Your scores per type (0–100). The chart on the right shows the shape of your profile: the more pronounced the points, the clearer your preferences.

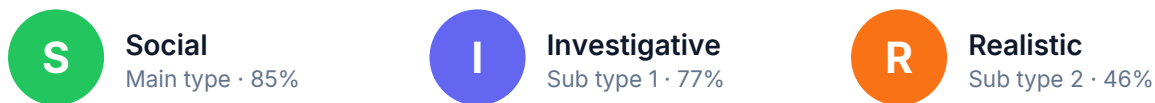


The pattern of your profile



Your profile has two clear peaks. Careers that combine both fit best; in the career list, look especially for roles where those two sides come together.

Based on your scores, your personal code is:



The order of the letters says something about strength: the first letter is your main type. When two scores are close, both orders are equally valid and it pays to look at careers with the reversed code as well.



05

The six types and your scores

Below are all six types, sorted from your highest to your lowest score, each with an explanation that matches your score.

S

Social

85%

85

You score very high on social. Helping, guiding or teaching people is your reason to work. You need contact to flourish; work where you mostly sit alone with systems or numbers drains you. Look for a role where you visibly matter to others.

I

Investigative

77%

77

You score very high on investigative. Understanding how something works is a driver in itself for you. You want depth, independent analysis and no half answers. Look for work where knowledge, analysis and depth are the core; superficial or routine work will bore you quickly.

R

Realistic

46%

46

You score average on realistic. Practical work attracts you as part of your week, but it does not have to be your main task. You do well in roles that combine theory and practice.

A

Artistic

45%

45

You score average on artistic. You value creativity and your own input, but it does not have to be the main part of your work. A role with room for ideas within a clearer framework suits you.

E

Enterprising

43%

43

You score below average on enterprising. Selling, negotiating or constantly taking the lead is not what you look for. You prefer to work from content, collaboration or craftsmanship rather than status or competition.

C

Conventional

40%

40

You score below average on conventional. Strict procedures and a lot of administration are not what make you happy. You prefer working with people, ideas or challenges rather than fixed rules.

06

Your core types in depth

We describe the three types in your code in depth: what the type is, what you will recognise, in which environment you flourish and which careers typically belong to it.



Social · the Helper

Main type · 85%

What is this type?

Social people want to matter to others: helping, guiding, teaching, caring or supporting. They are empathetic, listen well and sense what someone needs. Working together gives them energy.

They are often warm, patient and responsible. Work without human contact feels empty. Healthcare, education, welfare, coaching, HR and services are typical fields.

Are you...

- empathetic
- patient
- helpful
- reliable
- communicative

Can you...

- listen well
- guide or teach people
- calm conflicts
- work in a team
- build trust

Do you like to...

- help people move forward
- work in a team
- matter to others
- talk and explain
- care and support

Work environment

Social work environments are schools, care institutions, practices, community centres, HR departments and anywhere people help each other. There is a lot of contact, collaboration and emotion; the atmosphere is focused on the development and wellbeing of others.

Characteristic traits

Friendly

Empathetic

Patient

Responsible

Helpful

Cooperative

Tactful

Warm

Idealistic

Communicative

Typical careers

nurse, teacher, psychologist, social worker, coach, physiotherapist, HR adviser, educationalist, midwife, youth worker



Investigative · the Thinker

Sub type 1 · 77%

What is this type?

Investigative people want to understand how things work. They observe, analyse, ask questions and look for patterns and explanations. They like working independently on complex questions and have patience for depth.

They are often intellectually curious, precise and critical. Routine and superficiality bore them quickly. Science, engineering, IT, medicine, data and research are typical fields.

Are you...

- curious
- analytical
- critical
- independent
- precise

Can you...

- get to the bottom of complex problems
- analyse data and sources
- think abstractly and logically
- research independently
- see connections others miss

Do you like to...

- figure things out completely
- learn and go deeper
- experiment
- work on hard puzzles
- set your own pace

Work environment

Investigative work environments are laboratories, universities, hospitals, technology companies, data teams and R&D. There is room to go deep, knowledge counts and you are expected to be critical. You often work independently or in small expert teams.

Characteristic traits

Analytical

Curious

Rational

Independent

Precise

Critical

Intellectual

Thoughtful

Reserved

Persistent

Typical careers

researcher, physician, data analyst, software engineer, biologist, chemical analyst, economist, research psychologist, engineer, pharmacist



Realistic · the Doer

Sub type 2 · 46%

What is this type?

Realistic people prefer to work with their hands, with tools, machines, materials, plants, animals or outdoors. They are practical, like tangible results and feel at ease when it is clear what needs to be done.

They are often down-to-earth, handy and solution-oriented. Talking about a problem at length appeals less than simply tackling it. Technology, construction, agriculture, logistics, sport and defence are typical fields.

Are you...

- practical
- handy
- down-to-earth
- physically active
- decisive

Can you...

- build or repair things
- work with machines and tools
- work outdoors
- solve technical problems
- make something visible

Do you like to...

- work with your hands
- see what you have done
- be outside
- exercise or move
- finish concrete tasks

Work environment

A realistic work environment is about doing: workshops, building sites, the field, the gym, the lab or the road. There is usually a clear task, a tangible product and few meetings. People value craftsmanship, reliability and a practical attitude.

Characteristic traits

Practical

Handy

Down-to-earth

Persistent

Independent

Honest

Concrete

Physically strong

Calm

Reliable

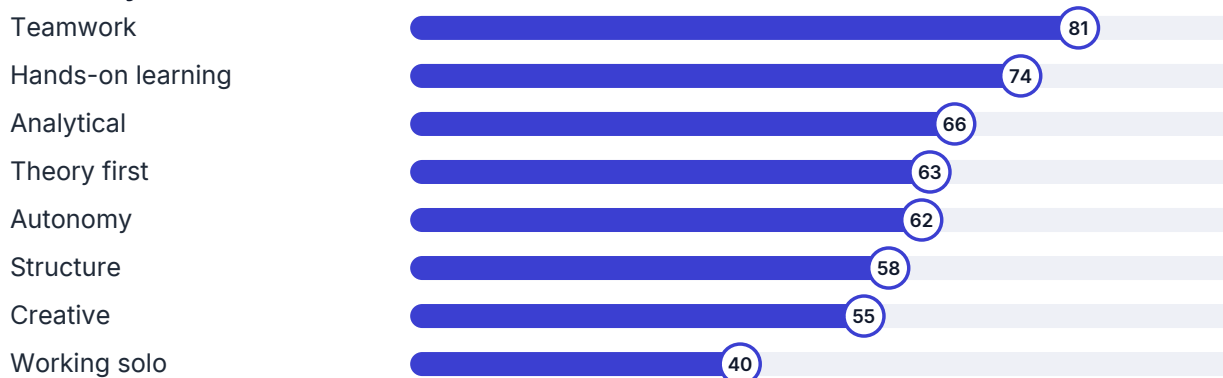
Typical careers

mechanic, carpenter, gardener, electrician, police officer, pilot, physiotherapist, farmer, installer, sports instructor

07 Deep-dives: work style, values and preferences

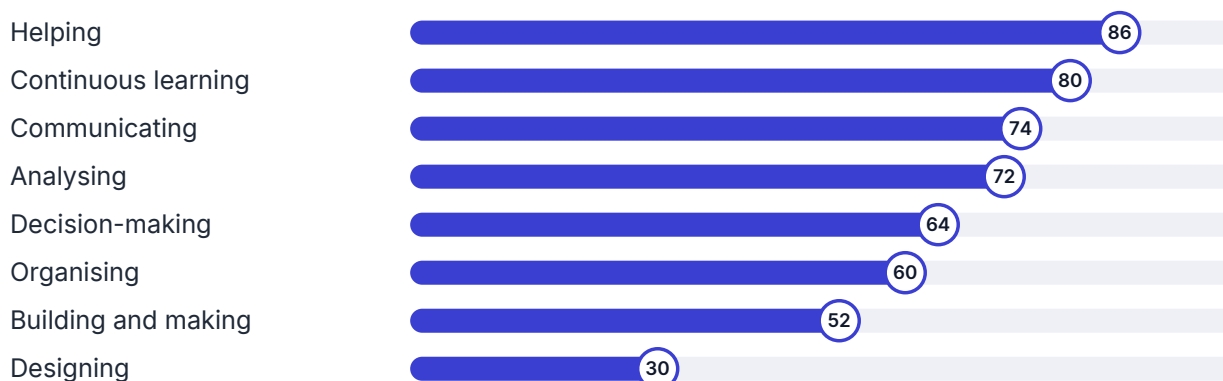
The deep-dive modules measure what the RIASEC test does not: your work style, skills, sector interest, values, study preference, career stage, study direction and preferred work environment. They are weighed into your matches.

Work style



Strongest: teamwork and hands-on learning.

Skills



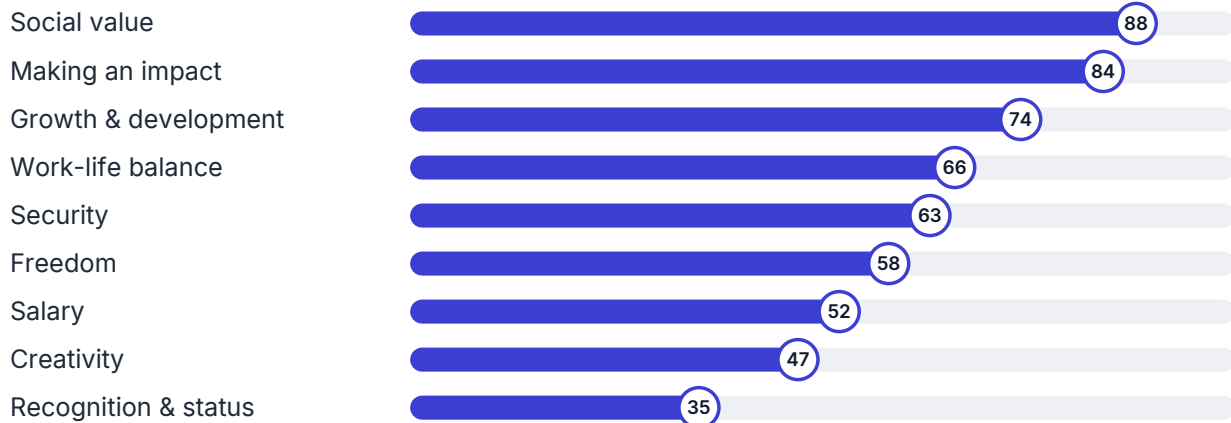
Strongest: helping and continuous learning.

Sector interest



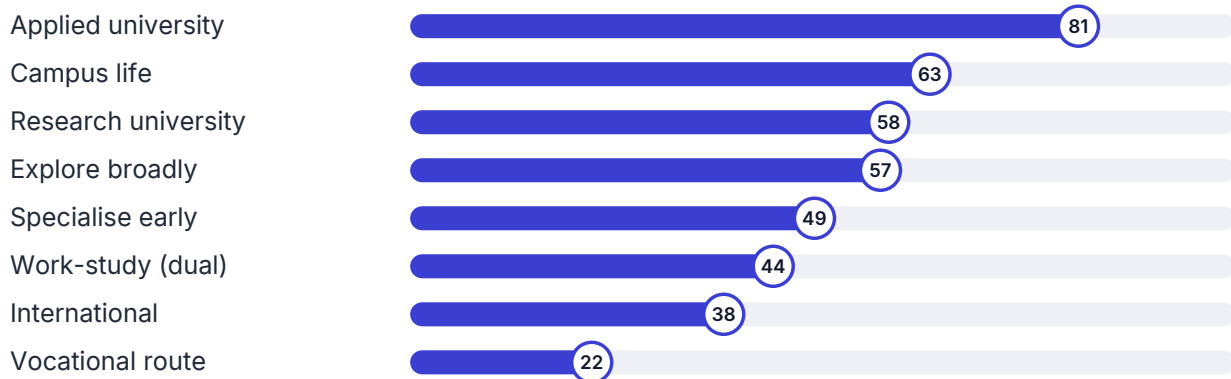
Strongest: healthcare & wellbeing and science & research.

Motivation & values



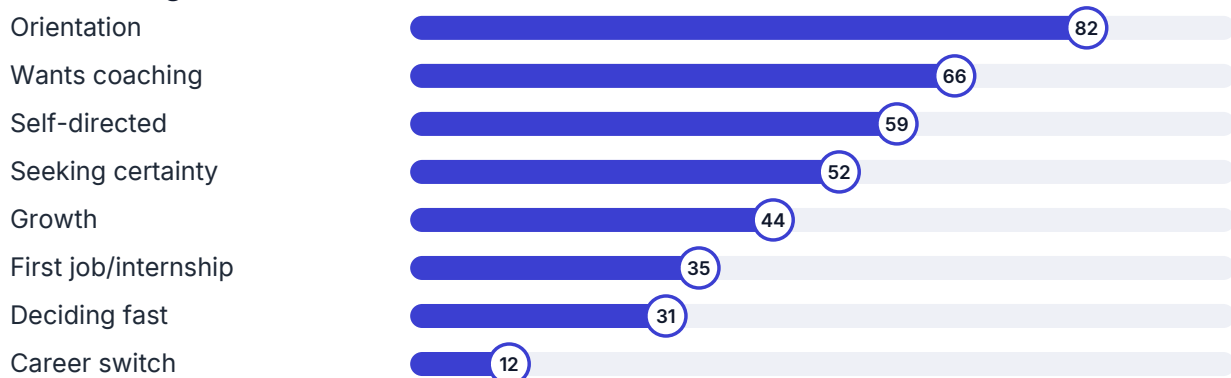
Strongest: social value and making an impact.

Study choice



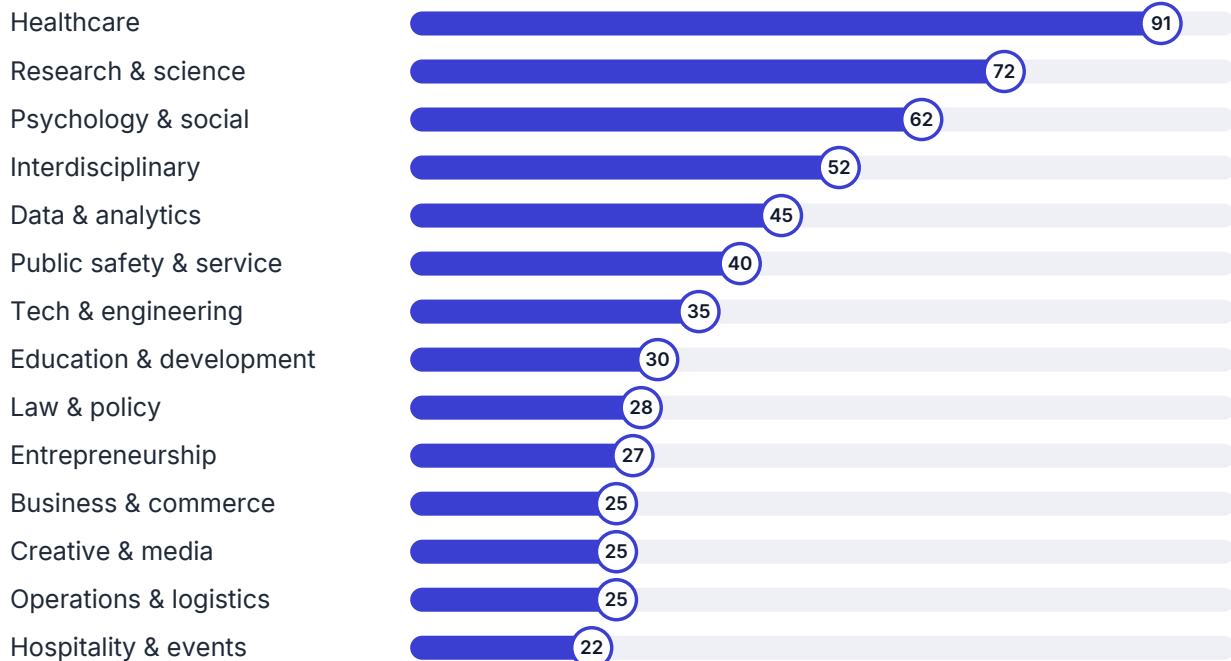
Strongest: applied university and campus life.

Career stage



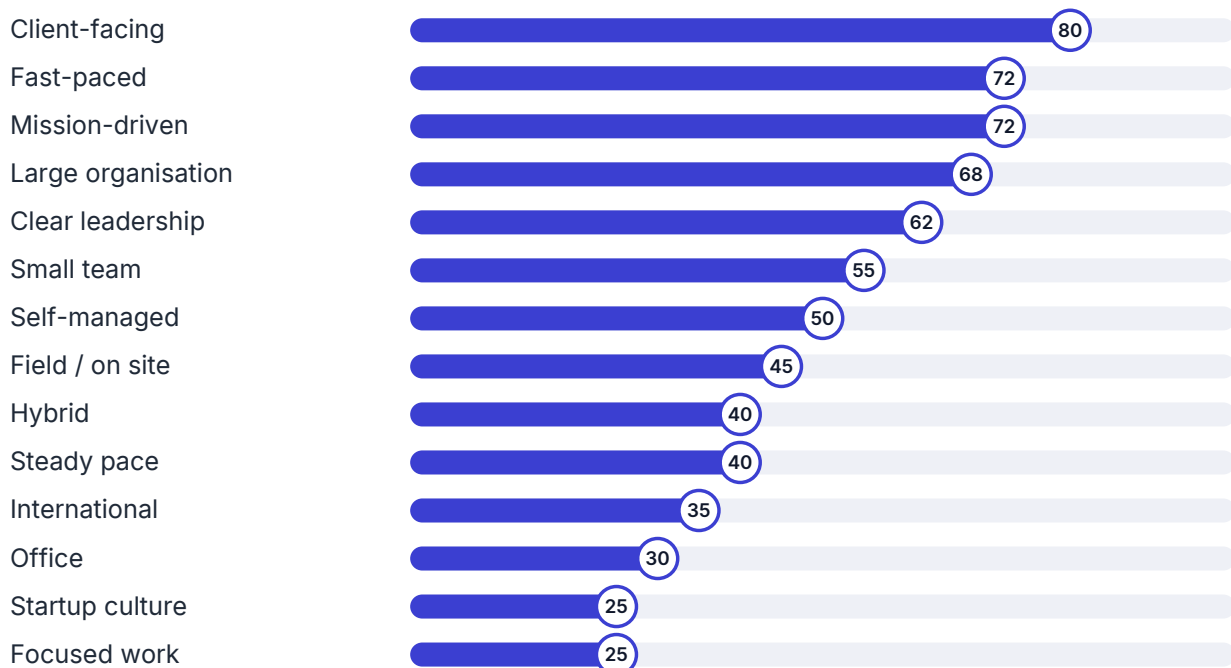
Strongest: orientation and wants coaching.

Study direction



Strongest: healthcare and research & science.

Work environment



Strongest: client-facing and fast-paced.



08

Careers that fit you

These careers fit your profile, education level and deep-dives best. The percentage is the match with your profile; 'why' and 'note' come directly from comparing your scores with the career.

1 Pedagogue

applied/academic · Education · €3,000 to €5,400

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIE).

Fits your preference for social value (88%) from your deep-dive.

Practical fit: 89% (reliability high)

86%

2 Nutritionist

applied/academic · Healthcare & wellbeing · €2,600 to €4,200

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIE).

Fits your preference for social value (88%) from your deep-dive.

86%

3 Physician assistant

applied/academic · Healthcare & wellbeing · €4,100 to €6,000

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIE).

Fits your preference for social value (88%) from your deep-dive.

Practical fit: 94% (reliability high)

86%

4 Psychiatric social worker

applied/academic · Healthcare & wellbeing · €3,200 to €5,200

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIE).

Fits your preference for social value (88%) from your deep-dive.

Practical fit: 70% (reliability medium)

86%

5 Osteopath

applied/academic · Healthcare & wellbeing · €3,200 to €5,500

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIE).

Fits your preference for social value (88%) from your deep-dive.

85%



6

Anesthesiologist Assistant

84%

vocational/applied · Healthcare & wellbeing · €2,900 to €4,800

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIR).

Fits your preference for social value (88%) from your deep-dive.

7

Chiropractor

84%

applied/academic · Healthcare & wellbeing · €3,200 to €6,000

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIE).

Fits your preference for social value (88%) from your deep-dive.

8

Nurse practitioner

84%

applied/academic · Healthcare & wellbeing · €4,100 to €6,000

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIC).

Fits your preference for social value (88%) from your deep-dive.

9

Pulmonary assistant

84%

vocational/applied · Healthcare & wellbeing · €2,700 to €4,300

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIR).

Fits your preference for social value (88%) from your deep-dive.

10

Human movement expert

83%

applied · Healthcare & wellbeing · €2,700 to €4,200

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIR).

Fits your preference for social value (88%) from your deep-dive.

11

Movement therapist

83%

applied/academic · Healthcare & wellbeing · €3,000 to €5,200

WHY

Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIR).

Fits your preference for social value (88%) from your deep-dive.

12

Mensendieck exercise therapist

83%

applied · Healthcare & wellbeing · €2,800 to €4,200

WHY

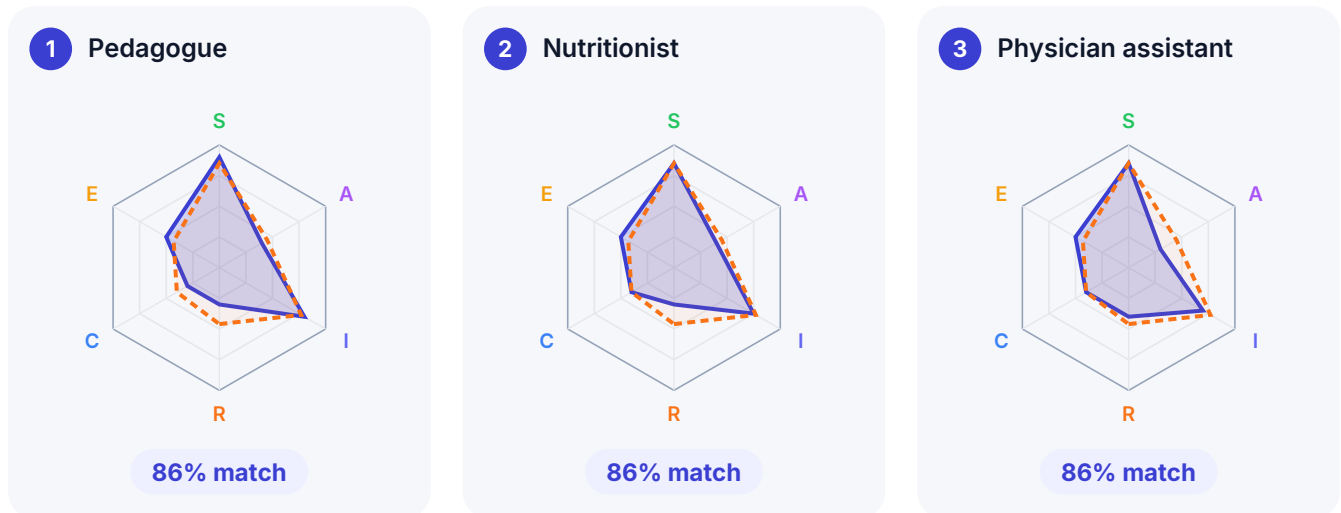
Your strengths Social (helper) 100% and Investigative (thinker) 88% are exactly what this profession asks for (code SIR).

Fits your preference for social value (88%) from your deep-dive.

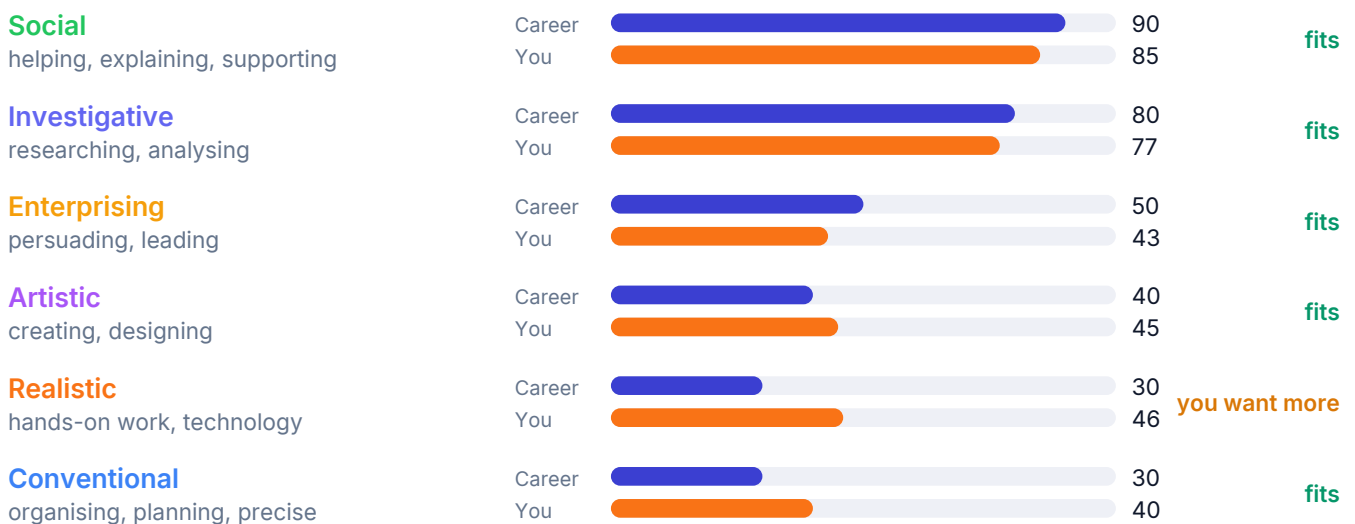
All careers and explanations are in your dashboard.

09 You next to your best careers

The blue area is the career's profile, the orange line is you. The more they overlap, the better the work fits your interests.



Type by type: you next to Pedagogue



How to read this: with "work asks more" the type is stronger in the career than in your interests. That need not be a problem, but check it on a job-shadowing day. With "you want more" you can use less of that side of yourself in this work.



10

Programs and study routes

Programs and directions that fit your profile and the careers above. Level and duration help you judge what the route asks.

1

Exercise Therapy applied · 4 years

100%

Matches your profile: Social (helper) and Investigative (thinker).

Often leads to: Mensendieck exercise therapist, Cesar exercise therapist, Movement therapist, Occupational therapist

2

Social Work applied · 4 years

100%

Matches your profile: Social (helper) and Investigative (thinker).

Often leads to: Social worker, Social worker child care

3

Midwifery applied · 4 years

100%

Matches your profile: Social (helper) and Investigative (thinker).

Often leads to: Midwife, Echographist, Maternity nurse, Gynecology nurse

4

Speech Therapy applied · 4 years

96%

Matches your profile: Social (helper) and Investigative (thinker).

Often leads to: Speech therapist, Remedial teacher

5

Applied Psychology applied · 4 years

96%

Matches your profile: Social (helper) and Investigative (thinker).

Often leads to: HR Manager, Career coach, Recruiter, Personal trainer

Practical fit: 80% (medium)

6

Nutrition and Dietetics applied · 4 years

95%

Matches your profile: Social (helper) and Investigative (thinker).

Often leads to: Dietician, Clinical dietitian, Nutrition Advisor, Nutritionist

7

Pedagogy academic · 3 years

94%

Matches your profile: Investigative (thinker) and Social (helper).

Often leads to: Pedagogue, Social worker child care, Educationalist, Research assistant

8

Sports Studies applied · 4 years

94%

Matches your profile: Social (helper) and Realistic (doer).

Often leads to: Sports Leader, Movement therapist, Sports Consultant, Personal trainer



11

From program to career

A program is not a goal in itself but a route to work that fits you. Below you see how your best-fitting programs connect to your best-fitting careers, so you make a choice that reaches beyond the first year.

Exercise Therapy applied / bachelor (4 years)

→ Mensendieck exercise therapist, Movement therapist (Cesar exercise therapist, Occupational therapist)

Social Work applied / bachelor (4 years)

→ Social worker, Social worker child care

Midwifery applied / bachelor (4 years)

→ Midwife, Echographist, Maternity nurse, Gynecology nurse

Speech Therapy applied / bachelor (4 years)

→ Speech therapist, Remedial teacher

Applied Psychology applied / bachelor (4 years)

→ HR Manager, Career coach, Recruiter, Personal trainer

Nutrition and Dietetics applied / bachelor (4 years)

→ Nutritionist (Dietician, Clinical dietitian, Nutrition Advisor, Diet cook)

Careers after an arrow that also appear in your top matches (Pedagogue, Nutritionist, Physician assistant) are where program and career connect best.



12

Aptitude check

A short test of about 12 minutes with figures, numbers and words. It shows how this kind of thinking went for you in this test. It is an indication, not a verdict on your level.

Taken on 22 October 2026.

Figures (abstract reasoning)

8 of 10 correct · went well



Numbers (numerical reasoning)

8 of 10 correct · went well



Words (verbal reasoning)

9 of 10 correct · went well



- Went well (figures, numbers, words): You got most questions right. This kind of thinking came easily to you in this test.

How do you use this?

This is an indication, not a verdict on your level. The test is short and your result is not compared with other people.

Put the result next to the advice from your school, your grades and your profile. Do they point the same way? Then that supports your choice.

Does it point another way, for example because it went well here while you are unsure about a more demanding level, or the other way round? Then treat it as a question to talk through with a teacher, a careers advisor, your parents or Coach Ingmar, not as a decision.

If you are choosing between a vocational route, an applied degree and a university degree, also look at how you like to learn best: more hands-on and in practice, or more with theory and research.

Do you need to take a real selection test for a program or a job? Practice can help, because then you know what to expect. On Assessment-Training.com you can train with questions like these.

www.assessment-training.com

13

Practical tests

A practical test does not look at your interests but at the practice of one career or program: the work environment it asks for, the daily tasks and a typical day. It shows whether what 'fits on paper' also holds up in reality.

94%

Physician assistant

Reliability: high

Strong practical fit (94%). Client contact fits especially well.



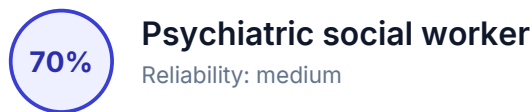
89%

Pedagogue

Reliability: high

Strong practical fit (89%). Client contact fits especially well.



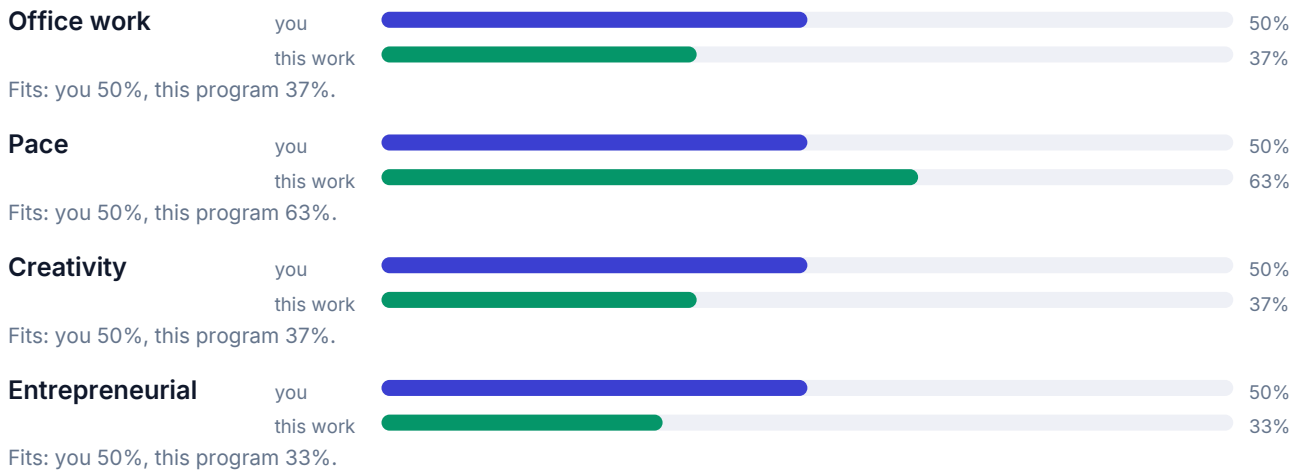


Mixed picture (70%). Analytical work fits especially well. Note: This career asks for more autonomy (60%) than you are looking for (25%).



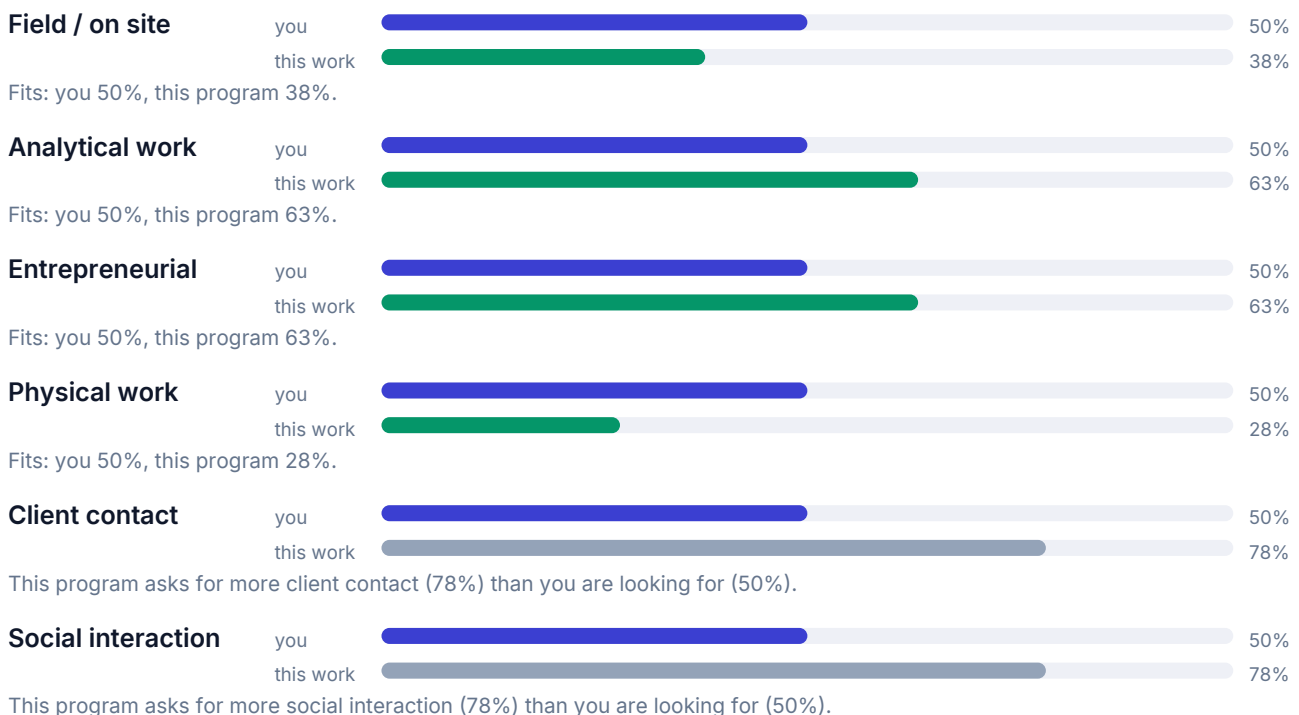
Strong practical fit (89%). Social interaction fits especially well.





80% **Applied Psychology**
Reliability: medium

Strong practical fit (80%). Field / on site fits especially well. Note: This program asks for more social interaction (78%) than you are looking for (50%).

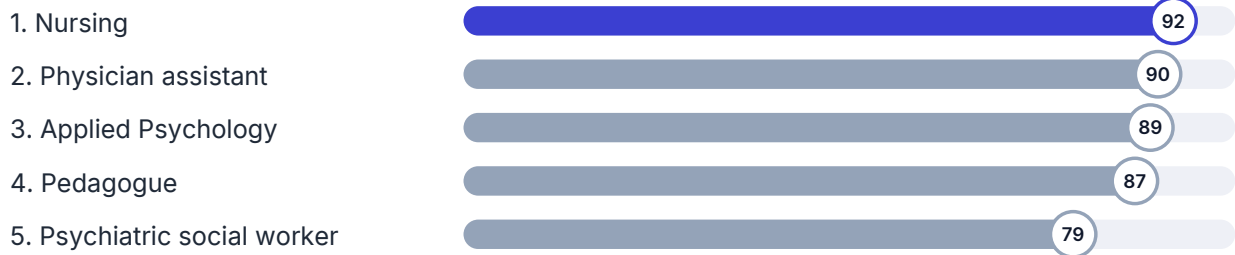




14

Choice helper

In the choice helper you weighed options from your shortlist against what matters to you. This was the outcome.



1. Nursing 92% · 2. Physician assistant 90% · 3. Applied Psychology 89% · 4. Pedagogue 87% · 5. Psychiatric social worker 79%



15

Summary by Coach Ingmar

Coach Ingmar summarised everything you did into personal advice.

Healthcare with depth: through Nursing to physician assistant

Sam has a clear Social (85%) and Investigative (77%) profile: helping people, and also wanting to understand what is going on. In the deep-dives, healthcare, science and working with clients stand out, ideally in a team with clear agreements. Physician assistant and nurse practitioner combine this best. The route there starts with a bachelor's degree in Nursing.

STRENGTHS

- You sense well what someone needs
- You want to understand why something works, not just how
- You like working with others and enjoy a fast pace
- You keep wanting to learn

WATCH OUT FOR

- To become a physician assistant you need a bachelor's degree, work experience and a master's: count on six years or more
- Healthcare work takes a lot of energy and often means irregular shifts: test that with a shadow day
- Don't stay stuck between healthcare and psychology for too long: open days help you choose

Recommended direction: Physician assistant, through Nursing

This is where your two strongest sides come together: helping people (Social 85%) and finding out what is going on (Investigative 77%). Of your shortlist, this practical test fits best with what you look for in work and in a work environment.

Alternatives: Nurse practitioner · Pedagogue · Psychiatric social worker

From program to career

Nursing (a four-year bachelor's) is the base for physician assistant and nurse practitioner: after a few years of work you take the master's. If the psychological side appeals more, Applied Psychology is the program to compare it with. Ask at the open day where its graduates end up.

Open questions for you

- How do you handle irregular shifts and tense situations?
- Do you mainly want to investigate and treat, or guide people in their development?
- Can you see yourself doing a master's after your bachelor's?

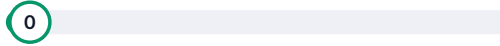
16

Your 30-day plan



A concrete plan for the next four weeks. Tick off what you have done; in your dashboard Coach Ingmar keeps track of your progress.

0 of 9 actions done



Week 1 · Find out what the work really is

- ☐ **Read the career page for physician assistant**
Look especially at the tasks, the shifts and the education route.
- ☐ **Take the practical test for nurse practitioner**
That shows whether this variant also fits in practice.
- ☐ **Discuss this report with your parents or school counsellor**
Use the questions in the conversation guide at the back of this report.

Week 2 · Talk to people who do the work

- ☐ **Ask a nurse or physician assistant for a 20-minute conversation**
Ask about a normal shift, what is hard and what gives energy.
- ☐ **Arrange a shadow day in a hospital**
Through school, someone you know or the program itself.

Week 3 · Compare programs

- ☐ **Put Nursing and Applied Psychology side by side**
Look at the placements, the first year and where graduates end up.
- ☐ **Sign up for two open days**
Write down three questions beforehand.

Week 4 · Choose and commit

- ☐ **Use the choice helper with your shortlist**
Let your match and your practical tests count together.
- ☐ **Send in your application**
Write down why you chose this program: it helps in any interview or motivation letter.

17

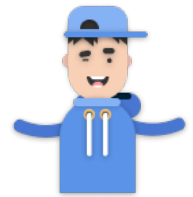
Next steps and sharing this report

A test does not answer the question 'what should I become?'. It does show why certain directions fit you better than others, and that makes choosing easier. The next step is testing: talk to people who do the work, visit an open day or shadow day and take the practical test for the careers that appeal most.

Remember that the boundaries between types are fluid. A surgeon needs to be analytical (I), deal with patients (S) and be skilful with their hands (R). So do not look for the one perfect career, but for work where your top 3 come together.

Sharing this report

- With your parents or guardians: discuss the core types and the open questions; let them add what they recognise in you.
- With your counsellor, mentor or study adviser: use the program list and the bridge to careers as the basis for the conversation about level and direction.
- With an employer or internship supervisor: the work-style, values and practical-test sections show in which role and environment you come into your own.
- With Coach Ingmar: in your dashboard you can discuss every part of this report and keep track of your plan.



Useful links

Your dashboard (report, plan, coach)
All careers
Coach Ingmar

www.careertestpro.com/dashboard
www.careertestpro.com/careers
www.careertestpro.com/dashboard?tab=coach

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Method

The career test consists of 300 statements (the free introduction of 20) that you answer with like, neutral or dislike. Each statement belongs to one of the six RIASEC types; your score per type is the percentage of 'like' on those statements.

Careers are matched with a combination of the shape of your profile (correlation), the agreement of your three-letter code with that of the career, the intensity of your preferences and your education level. For enriched careers, sector, work environment and your deep-dive modules are weighed in as well.

Practical tests compare your answers on work-environment traits and daily tasks with the profile of one specific career. The reliability of each test is estimated from consistency between mirrored questions, answer pattern and completion time.

This report is an aid for study and career choice, not binding advice or a psychological diagnosis. Results are based on your own answers at the time of completion. CareerTestPro.com is a product of Making Moves B.V.



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Conversation guide for parents and counsellors

This guide is for parents, carers and school counsellors. Sam took the career test: statements about what you enjoy, compared with careers and programs. You do not need to know the dashboard. Here you find what the result says, questions to discuss together and the next step.

What the result says

Sam scores highest on the Social type (85%): helping, explaining and supporting people.

Next come Investigative (researching and finding out how things work) and Realistic (working with your hands and technology).

The careers that fit best are Pedagogue, Nutritionist and Physician assistant.

Among programs, Exercise Therapy (applied) and Social Work (applied) fit best.

Questions to discuss together

- 1 Do you recognise yourself in the Social type: helping, explaining and supporting people? When do you notice it at home, at school or at work?
- 2 What appeals to you in Pedagogue, and what does not?
- 3 Pedagogue, Nutritionist and Physician assistant come out on top. What do these careers have in common for you?
- 4 Exercise Therapy (applied, 4 years) fits your result well. Can you see yourself doing it? Why or why not?
- 5 What is the biggest difference for you between Exercise Therapy and Social Work?
- 6 You wrote about your doubts: "I'm torn between something in healthcare and psychology". Does this result help with that, or not?
- 7 The reality check for Physician assistant came out at 94%. Do you recognise that, or did it surprise you?
- 8 Which career would you like to shadow first: Pedagogue, Nutritionist or Physician assistant?

The next step

Week 1: Read the career page for physician assistant

Look especially at the tasks, the shifts and the education route.

Tip: ask open questions and mostly listen. There are no right or wrong answers. What matters is what Sam recognises.



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Questions for your shadow day and open day

Take this list to a shadow day or open day. The questions come from your result and from what we know about the work and the program. Tick off what you asked and write down what stood out.

Pedagogue

SHADOW DAY

applied/academic · indication €3.000 to €5.400 gross per month

QUESTIONS TO ASK

- ☐ What does a normal working day look like, from start to finish?
- ☐ Which clients, patients or students do you see every day, and what does that ask of you?
- ☐ Do you sit still most of the day, or do you move around too?
- ☐ How many people do you work with in a day, and is there time to work alone?
- ☐ Which education do you need? Can you get in with an applied/academic degree, or are there other routes?
- ☐ I read that you earn €3.000 to €5.400 gross per month as an indication. How does that grow with experience, and what can you move on to after a few years?

WATCH FOR

- Watch the amount of contact with people: how do you feel after a day full of conversations?
- Watch how much teamwork and meeting there is, and whether there is quiet time too.
- Watch how much thinking and research there is: does that suit you?

WHAT STOOD OUT?

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Nutritionist

SHADOW DAY

applied/academic · indication €2.600 to €4.200 gross per month

QUESTIONS TO ASK

- ☐ What does a normal working day look like, from start to finish?
- ☐ Do you always work in the same place? What is that workplace like?
- ☐ Which clients, patients or students do you see every day, and what does that ask of you?
- ☐ Do you sit still most of the day, or do you move around too?
- ☐ Which education do you need? Can you get in with an applied/academic degree, or are there other routes?
- ☐ I read that you earn €2.600 to €4.200 gross per month as an indication. How does that grow with experience, and what can you move on to after a few years?

WATCH FOR

- Watch the amount of contact with people: how do you feel after a day full of conversations?
- Watch how much teamwork and meeting there is, and whether there is quiet time too.
- Watch how much thinking and research there is: does that suit you?

WHAT STOOD OUT?

Physician assistant

SHADOW DAY

applied/academic · indication €4.100 to €6.000 gross per month

QUESTIONS TO ASK

- ☐ What does a normal working day look like, from start to finish?
- ☐ Which clients, patients or students do you see every day, and what does that ask of you?
- ☐ Do you always work in the same place? What is that workplace like?
- ☐ When does it get really busy, and how do you deal with that?
- ☐ Which education do you need? Can you get in with an applied/academic degree, or are there other routes?
- ☐ I read that you earn €4.100 to €6.000 gross per month as an indication. How does that grow with experience, and what can you move on to after a few years?

WATCH FOR

- Watch the amount of contact with people: how do you feel after a day full of conversations?
- Watch the pace: does the busyness give you energy or drain it?
- Watch how much teamwork and meeting there is, and whether there is quiet time too.

WHAT STOOD OUT?



Exercise Therapy

OPEN DAY

applied · 4 years

QUESTIONS TO ASK

- ☐ What does the first year look like? How much time goes to Anatomy and physiology and Kinesiology?
- ☐ When is your first placement, and how do you find one?
- ☐ I read that you need: "HAVO, VWO or MBO-4 diploma; sometimes an intake interview or additional requirements apply. Check the requirements with the program". Is that right, and is my subject profile Science & Health enough? How do applications work?
- ☐ I read this about the workload: "The program is full-time and consists of theory, practical lessons, and several internships. You spend a lot of time practicing,...". How many hours a week do you really spend on it, classes and self-study together?
- ☐ Where do graduates work now? For example as Mensendieck exercise therapist or Cesar exercise therapist?
- ☐ The program takes 4 years. What do you need to pass in the first year to continue?

WATCH FOR

- Watch whether subjects like Anatomy and physiology and Kinesiology make you curious.
- Check whether you see helping, explaining and supporting people in the classes: that fits your strongest side (Social).
- Watch the atmosphere: can you see yourself here among these students for 4 years?

WHAT STOOD OUT?

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Social Work

OPEN DAY

applied · 4 years

QUESTIONS TO ASK

- ☐ What does the first year look like? How much time goes to methodology and law?
- ☐ When is your first placement, and how do you find one?
- ☐ I read that you need: "High school diploma or vocational school / associate degree track". Is that right, and is my subject profile Science & Health enough? How do applications work?
- ☐ I read this about the workload: "Average. Includes a lot of internships and reflection". How many hours a week do you really spend on it, classes and self-study together?
- ☐ Where do graduates work now? For example as Social worker or Social worker child care?
- ☐ The program takes 4 years. What do you need to pass in the first year to continue?

WATCH FOR

- Watch whether subjects like methodology and law make you curious.
- Check whether you see helping, explaining and supporting people in the classes: that fits your strongest side (Social).
- Watch the atmosphere: can you see yourself here among these students for 4 years?

WHAT STOOD OUT?

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